

POTTY TRAINING



Dear Parents,

We are working really hard at getting all of our potty-trainable kidsPOTTY TRAINED. Because we think this is a huge stepping-stone, it is imperative to have parents and staff on the same page.

- It is confusing for your little ones to transfer back and forth from pull-ups to undies. Pull-ups also have the added problem of feeling like a diaper (hiding the wetness) – just like a diaper. Your child needs to be triggered by the feeling of wetness (and discomfort). This will encourage your child to begin going potty on their own – which will make your child more self-reliant.
- Once your child is showing signs that they are prepared to start the process (and you are ready, too), you must be committed to the process. I suggest parents stay close to a bathroom for the weekend. You can get books to entertain and maybe treats for their success.
- Parents may need to make sitting on the potty loads of fun to encourage their little ones to want to sit there. Remember potty training is a “strong will-power” issue. This is one of the few things your little ones can control. I assure you - if you make this a control issue, you will lose.
- Get excited about going to the potty and even more excited when the child goes potty. Don’t give attention good or bad when they do not go. “Over-do” the celebration of potty success.

It is our job as a team to give the child reminders and encouragement when to go. When they are successful be sure to do a “Potty Parade” celebrating their success. The party encourages them to continue to potty and celebrate with their parents because you are both so proud. Because of our facilities policy; it is important for parents to be consistent. **We will not confuse children by placing them in undies if parents are not bringing them to school in undies.** That becomes confusing for the child as well as the staff.

PLEASE bring 5 pairs of underwear and appropriate clothing for your child to wear. Be sure to write your child’s name on the clothes so we can avoid confusion. Any soiled underwear will be put in a bag and sent home for you to wash. You may get a very stinky bag with poopy pants – just be careful with the bag as you are standing by the washing machine. Be sure you are replacing the soiled clothes with new ones the next day.

It is Springing Up’s belief and policy that by the age of 3 years and 1 month, all children should be potty trained unless otherwise diagnosed medically. Because of regulation and accommodations, we cannot provide care for children who are unable to accomplish this. We will not be able to continue your child’s enrollment at Springing Up. Once your child is potty trained, you are welcome to re-enroll at the CDC if there is space available.

A child is considered potty trained when he/she:

- ✓ Able to take his/her own clothes off and on
- ✓ Verbalizes the need to go to the bathroom without being reminded
- ✓ Comes to school wearing regular underpants (no diapers or pull-ups)
- ✓ Does not have more than one “accident” during the week
- ✓ Able to complete bathroom functions with little or no assistance

When a child can maintain these criteria for one month the tuition will be lowered to the Potty Trained rate.

Sincerely,

Mariann Blaich

Director/Owner